

Children Book Instructions

Items you will need:

Note: This is a good way to use up your scrap pieces of flannel or thin batting.

You can choose the color of fabric that would pop the design for each page for the book you will need approximately 8 ½"x8 ½" square for each color or you could use your scrap pieces. We started with an 8 ½" square piece of material then cut them down 6 ½" squares after embroidered.

½ yd. of thin batting or flannel. We cut them to the size of the pages after sewing together.

Approximately 2 – 6 ½"x 12 ½" pieces of flannel or thin batting

2 Pieces of material cut to 1 ½"x 6 ½" strips for the binding of the book

Soft Cutaway stabilizer (This is left in so it acts as extra padding for the book)

Scissors

Sewing machine and thread with bobbin to match, walking foot (You will be sewing through several layers of material for this project)

Ruler or 6 ½" cutting Square

1. Hoop 2 pieces of stabilizer and one piece of fabric cut large enough to fit your hoop. Embroider each design until all 8 designs are done.



2. If using different color material for each page of the book you will want to lay the colors out first before embroidering them. You may want to match the threads to the choice of material so that the pages will pop out on the page.
3. Center the designs using a 6 ½" square or use a ruler to cut out the designs so they are 6 ½"x 6 ½" squares. You leave the stabilizer on with this project.
4. **Assemble book** by placing the front and back next to each other and sew one of the binding strips in between them. Iron top when done using a cloth or towel to cover the embroidered threads they don't scorch.



5. Lay page 1 and page 6 of the book next to each other and sew the other binding strip in between them. Iron right side up when done using a cloth or towel to cover the embroidered threads they don't scorch



6. Cut a piece of batting to fit the entire cover. Place the batting under the cover pages, the right side should be facing up.



7. Lay page 1 and 6 over the embroidered cover right sides together. Make sure the pages are going the same way. The front cover to page 1 and back cover to page 6.



8. Sew 1/4" around the outside edge leaving a 3" gap at the bottom. Snip the corners off at a 45 degree angle so you will get a nice corner when you turn it right side out.



9. Turn it right side out so the embroidered sides are both showing. Poke out the corners with a dull instrument to square up the corners nicely.
10. Hand stitch the opening shut then machine sew around the outside edge of the pages.



11. Sew page 2 and page 5 together and page 3 and 4 together using a $\frac{1}{4}$ seam. **These do not have a binding between them so be careful how you sew them together** . Double check after sewing to make sure page 2 is on the same side as page 3 when right sides are together.
12. Cut one piece of batting to match the sewn pages.
13. Lay the batting under page 2 and 5 fabric. Right side should be facing up.
14. Lay pages 3 and 4 fabric on top of pages 2 and 5 fabric. Right sides together. **Double check to make sure page 3 is on top of page 2.**
15. Sew $\frac{1}{4}$ " around the outside edge leaving a 3" gap on the bottom. Snip the corners off so you will get a nice corner when you turn it right side out.
16. Turn it right side out so the embroidered sides are both showing. Poke out the corners with a dull instrument so the corners squared nicely.
17. Press with an iron by covering the embroidered part with a piece of material so you will not scorch the embroidery threads.
18. You can hand stitch the opening shut or machine sew around the outside edge of the pages.



19. Lay the Cover with the embroidered designs down and pages 1 and 5 are lay upward.
20. Lay pages 3 and 4 on top of 1 and 6. Line the middle seam up and pin the top and bottom together. Double check to make sure the book is in the right order.
21. Check to see if the top pages are centered on the binding. Pin together to hold while sewing.

22. Sew the book together by sewing in the ditch down the middle of the pages.



23. The book is complete.

